Green Ways to Get Rid of Mold

Mold can exacerbate health problems like asthma and allergies. These solutions can help wash it away. Bonus: They're eco-friendly and safe for your family.

1. Distilled white vinegar: The cheapest, most popular option. Don't dilute—just spray it on, let sit for 15 minutes, and wipe off.

2. Tea tree oil: Available at health food stores. Mix 2 tsp with 2 cups of water. Spray it on, let sit for 15 minutes, and wipe it off. (Warning: Some asthmatics have reactions to this oil.)

3. Grapefruit seed extract: This item is also available at health food stores, and a little goes a long way. Mix 20 drops with 2 cups of water, then spray it on, let sit for 15 minutes, and wipe away.

4. Concrobium Mold Control: This spray is made of organic salt compounds and water, and when used correctly, can prevent regrowth. Spray it on, let the mold dry out, vacuum up what's left, and then spray again to coat the surface with an anti-mold seal. "Planet People, $8." —Rivka Tadir

The Greenguard Environmental Institute, a nonprofit, can help you determine which kitchen cabinetry, paint, office chairs, and more emit the lowest, safest traces of chemical vapors. You can also find easy, helpful tips for improving indoor air quality in your house.